



Solutions

SKIN & HEALTH CLINIC

Welcome to Solutions

A purpose-built clinic with three areas of treatment. Beauty Therapy, Paramedical Skin Treatments and Naturopathic Medicine, so you not only feel fantastic - mentally & physically, you will look amazing. At Solutions we pride ourselves in over 24 yrs in business so we feel we've done it all. If we don't have it anymore, it means we've found there were no real results for you. So you can feel confident that we are truly looking after all your needs- no false promises.

Detox and Relaxation Facials

Utilizing the ancient art of aromatherapy, massage and our own updated naturopathically formulated, 100% natural, skin care range by Sharon Holland.

Solutions Revive	30min	\$57
Solutions Refresh	60min	\$93

Corrective Facial Treatments

ie. How to lie about your age and get away with it using medical grade skincare!

Anti aging treatment facial	\$87
Bliss Facial for sensitive skin	\$67
ASAP Teenage Acne mini facial	\$53
Free ASAP Teen skin consult	
Vit C Add on	\$27.5

Nutritional Repair Facials

Gorgeous indulgent facials that correct your skin concerns nutritionally, at a deep level using Gernetic Treatment products. Your paramedical skin expert will prescribe the correct treatment for you.

30min	\$80
60min	\$120
90min	\$153

Energizer Facial

All the benefits of our Nutritional Repair facials but with Microderm add on - *our favourite treatment.*

See an immediate lift to your skin.

45min	\$102
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Microdermabrasion

This treatment stimulates the formation of new cells and enhances collagen production, resulting in a fresh and rejuvenated you. Reduces fine lines and treats blackheads, breakouts and enlarged pores.

Microdermabrasion	\$ 98
Microderm plus acne treatment	\$118
Microderm plus super hydrating treatment	\$123
Microderm plus anti-ageing	\$128

Salt Therapy Sessions

Adult Session	45min	\$40
Adult & 1 child	30min	\$45
Adult & 2 children	30min	\$55
Adult & 3 children	30min	\$70
2 Adults & 1 child	30min	\$75
2 Adults & 2 children	30min	\$90
2 Adults & 3 children	30min	\$100

Body Treatments

De-Stress and indulge with one of our body care treatments and emerge with renewed energy and strength, feeling relaxed and calm.

Body Polish

A pampering, nurturing treatment using dry body brushing to stimulate lymphatic drainage, promote circulation and remove dead skin cells leaving you tingling all over. An Aromatherapy oil blend is formulated for your body massage to cocoon you in a feeling of peace and well-being and to restore your skins suppleness. Emerge feeling cleansed and relaxed!

75min \$98

Renewal

Aromatherapy facial and massage, mini mani and pedi (clear polish application) Emerge fresh, ready for anything.

120min \$200

Express Getaway

An aromatherapy treat that will have you believe you are on holidays, includes a facial and massage.

60min \$90

Body Rescue

Detox foot soak, back scrub, far infra-red treatment and aromatherapy massage. Perfect after a big weekend of play.

90min \$130

Your feet Your hands, our passion

Using all Natural ingredients and nothing beats a therapist hands

Stop and Relax foot treatment	60min	\$90
Feet or Hands express tidy up		\$42
Combination hand and foot treatment		\$117

[Please remove all polish before your treatment]

90min \$103

Massage

Aromatherapy Massage	30min	\$53
	60min	\$87
Deep Tissue	30min	\$53
	60min	\$87
Hot Stone	45min	\$93
	60min	\$111

Massage *(continued)*

Ear Candling 30min \$52

A gentle and relaxing treatment: get relief from a headache or perfect after a head cold / sinus infection - incorporating a neck and head massage to increase the benefits.

Waxing Treatments

Lip	\$18.50
Chin	\$18.50
Eyebrow shaping	\$22
Eyebrow maintenance	\$18
Under 6 weeks since last appointment	
Bikini	\$22
Half leg	\$30.50
Three quarter leg	\$46
Upper half leg	\$35
Full leg	\$62
Underarm	\$18.50

For the BEST value try our combos

Half upper leg, underarm, bikini	\$57
Half leg and underarm	\$42
Half leg, underarm and bikini	\$52
Half leg and eyebrow	\$39.50
Upper half leg and bikini	from \$47
Lip, chin and eyebrow	\$38.50
Lip and chin	\$26.50

Male Waxing

Full back	from \$35
Neck	from \$19.50
Chest	from \$37.50
Full leg	\$68

Female Intimate Waxing

X-Extreme takes your bikini line slightly further	\$30.50
XX leaves a fine centre line	\$57
XXX full removal of all hair in bikini area	\$57
Maintenance under 6 weeks since last appointment	from \$42

Eye Enhancing Treatments

Eyelash tint	\$25
Eyebrow wax and eyebrow tint	\$30
Eyelash and eyebrow tint	\$30.50
Eyebrow tint	\$15.50
Eyebrow wax and eyelash tint	\$34
Brow Shaping, lift + tint	\$82
Eyelash, brow tint & wax	\$43.50
Eyelash lift & tint with brow tint & shape	\$92
Eyelash lift & tint	\$67
Eyebrow sculpting (for 1st time clients)	\$34.00
Henna Brows + wax	\$47

TrueBrow

Our Therapists have been personally trained by TrueBrow creator Elle Wilson. This System of brow treatment is designed to give you back your natural brows, soft natural brows without the need for microblading.

Discovery Session – A consultation for you to discover your brows true potential (this session is free when you book your treatment)

TrueBrow Initial Appointment	\$79
TrueBrow Maintenance	\$37

TrueBrow Ultimate package includes TrueBrow discovery session 2 x Maintenance sessions and your TrueBrow home kit only \$189

[Your therapist will work with your facial features to make your eyebrows your best feature]



Naturopathic Medicine

Intensive Initial appointment	1hr	\$180
<i>(for those who have complex health issues)</i>		
Basic Initial appointment	45min	\$145
Follow up appointment	short	\$55 standard \$75
Phone consultations		from \$35

Check our website for further details

NEED TO SEE A NATUROPATH TODAY

We do acute appointments for:
Common colds, hayfever, etc \$55



IPL Photo Rejuvenation

These facials are ultimate in Natural (No surgery, No Botox, No Fillers) facial rejuvenation using a broad wavelength light pulsed into your skin. Sometimes our skin is so lifeless we need to stimulate collagen via light therapy to see any change. This can treat multiple skin conditions, broken capillaries, redness, freckles, age spots, collagen structure, eg firmness. The benefits of these treatments are that there is no down time - ie no hiding at home for days.

We combine this technology with the proven cellular nutrition of a Deluxe Genetic Facial. \$393

Best results seen after 6 treatments only \$1200

This package will save you \$1170.00

[Please arrive without makeup]

Permanent Hair Reduction

IPL Hair Removal - For dark, blonde and red hair prices start from \$45 using the latest in German Technology.